

E-safety tips for children

Don't post any personal information online

Keep your privacy settings as high as possible

Think carefully before posting pictures or videos of yourself. Once you've put a picture online, it's not just yours anymore

Never give out your passwords

Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do

If you see something online that makes you feel unsafe or worried: leave the website, and tell a trusted adult immediately

Remember that not everyone online is who they say they are

Think carefully about what you say before you post something online

Don't befriend people you don't know